

# PERU ELEMENTARY SCHOOL DISTRICT 124

## BREAKFAST/LUNCH MENU

### SEPTEMBER 2015

Monday	Tuesday	Wednesday	Thursday	Friday
		2 Cereal Granola Bar Fruit Juice  Teriyaki Beef Bites Bread/Butter Carrots Peas	3 Cinnamon Bagelful Fruit Juice  Corn Dog French Fries Baked Beans Mandarin Oranges	4 Breakfast Pizza Fruit Juice  Cheese Pizza Salad Mixed Fruit
7  NO SCHOOL	8 Cereal Biscuit/Jelly Fruit Juice  Breaded Turkey on Bun Sweet Potato Puffs Baked Beans Grapes	9 Banana Muffin Yogurt Fruit Juice  Turkey Wrap Spinach Salad Orange Wedges	10 Breakfast Sausage Bites Fruit Juice  Breaded Chicken Breast on Bun Green Beans Pears	11 Breakfast Pizza Fruit Juice  Pepperoni Pizza Rolls Romaine Lettuce Salad Tropical Fruit
14 Apple Frudel Fruit Juice  Italian Chicken Breast Dinner Roll/Butter Scalloped Potatoes Baked Beans Peaches	15 Mini Maple Waffles Fruit Juice  Taco in a Bag Romaine Lettuce Salsa Tropical Fruit	16 Cereal Banana Mini Muffin Fruit Juice  Macaroni & Cheese Green Beans Pears	17 Breakfast Wrap with Cheese Fruit Juice  Hamburger on Bun Sweet Potato Puffs Apricots Cookie	18 Breakfast Pizza Fruit Juice  Sausage Pizza Salad Mixed Fruit
21 Plain Bagelful Fruit Juice  Bosco Sticks Salad Orange Wedges	22 Cinnamon Mini French Toast Fruit Juice  Cream Chicken in Bread Bowl Mixed Vegetables Pineapple	23 Bacon & Cheese Eggs Biscuit/Jelly Fruit Juice  Taco Salad Romaine Lettuce Salsa Grapes	24 Cereal Muffin Fruit Juice  Country Fried Steak Mashed Potatoes/Gravy Baked Beans Tropical Fruit	25 Breakfast Pizza Fruit Juice  French Bread Pizza Celery & Carrots w/Ranch Peaches
28 Cereal Granola Bar Fruit Juice  Corn Dog Nuggets Baked Beans Mixed Fruit	29 French Toast Sticks Fruit Juice  Meatball; Sub Spinach Salad Carrot Sticks Applesauce	30 Cherry Frudel Fruit Juice  Cheeseburger on Bun Sweet Potato Puffs Green Beans Apricots		

MILK SERVED DAILY WITH BREAKFAST AND LUNCH – THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER